




For all the dads, brothers, sons and mates in our lives.



I need your help. Please donate to support men's health.

<p>Vote YES</p>  <p>If you would like to vote YES please scan this code and donate.</p>		<p>Vote NO</p>  <p>If you would like to vote NO please scan this code and donate.</p>
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I will be running a vote to shave off the beard for Movember. You can vote **YES** shave it or **NO** keep it by scanning the QR code of your choice.

At the end of Movember the vote with the most donations will be the outcome.

Thank you for supporting men's health.